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Teenage pregnancy is one of the challenges in the United States. According to the 2016 data, my community's rate of teenage pregnancy was 35 births per 1000. It was an 11% decline from the previous data collected in 2013. Several similarities and differences are evident between my community and the national data. One similarity is that the rates have been reducing because of the measures taken. From 1991, the rates have lowered by 57% in all communities in the nation (Kantor et al., 2020). One measure taken to control the spread is increased use of birth control methods such as IUD and implants. The number of programs empowering young girls to prevent early pregnancies has also increased.

A 2014 research by economists in Maryland indicated that TV shows such as *teen mom* and *16 & pregnant* are watched more, informing the teenagers on the need to avoid pregnancies. However, my community differs from the national data because the cases are still more despite the measures. Poverty levels are higher in this region that deter most learners from seeking education. Besides, it makes them idle and indulges in practices that increase chances for pregnancy. If the access to education were improved, the rates would reduce at similar rates as those at the national level as idleness, among other factors, would be curbed.

Women, Infants, and Children (WIC) is an online resource that would assist pregnant teenagers like Molly. Primarily, the resource provides nutritional education to the target population (Thorndike et al., 2017). Most teenagers do not know the foods they are supposed to eat during pregnancy and afterward for their wellbeing and the children. As a result, learning about nutrition is vital in preventing illnesses and other complications that could develop. WIC is, therefore, a useful resource for young mothers. Besides, it provides other information such as hygiene and milk pumping. For that reason, it is a reliable source because it is government-sponsored, meaning it is affordable and available in all regions.

Unplanned pregnancy counseling is the community resource I would recommend for teenage mothers. Getting pregnant is a permanent situation that causes stress to most teenagers as their lives, bodies, and education is affected. With stress, the chances of mental illnesses are higher, which could cause miscarriages and other issues. Hence, unplanned pregnancy counseling helps the girls cope with the issue and lead positive lives (Ekrami et al., 2019). They learn that being pregnant is not the end, as there are ways to handle it. Counseling would also educate the teenagers about community resources they would consult to assist in completing their education. Besides, they are empowered to deal with stigma from friends and society. Therefore, counseling is a vital resource that teenage mothers need to access to deal with the problem.

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